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Introduction

The Rahzay 12 strand inter-dimensional DNA activation is to be performed in a quiet place. Before you get started you will find the three next audio files.

Pre Activation

Please listen to this section before you proceed with the activation. If you are repeating the activation, you can skip this part.

The Activation

Best if listened to with stereo headphones. However, I've found that group actions are an especially profound experience for all participants. If you wish to share this with your friends, use your computer and turn up the volume on your speakers.

Post Activation

Information about the three day adjustment period and what you may experience during it as well as the long term benefits you'll enjoy from your Interdimensional 12 strand DNA activation.

Rahzay Inter-dimensional 12 Strand DNA Activation.

Post Activation Instructions and Information

There is a three day adjustment period following the activation. You may experience some of the following for those three days:

Increased Thirst

This activation creates new electromagnetic connections in your body, which needs liquid in order to work optimally. Drink as much as your body indicates it wants in order for it to be adequately hydrated. Make sure the water isn't tap water, which may have chlorine, fluoride, and other harmful toxic chemicals. Drink purified or bottled water only.

Detoxing

This activation raises the vibration of your physical body. Will begin to clearing out lower vibrational energies that are not in alignment with the new higher frequencies.

Most commonly, people experience physical detoxing in the form of releasing by a few experience emotional detox, releasing old angers, fears, and sadness.

Increase your liquid intake and help detoxify your body more easily and quickly. Remember, what goes in, must come out, so be prepared to be visiting the bathroom a lot for the next three days. You may experience a form of detox other than those mentioned.

Hunger

Even though it may seem that you just were sitting and relaxing during the activation, your body was actually vibrating at a much higher rate than normal. This burns calories. Additionally, your body is making many adjustments which require more energy. You may be very hungry after the activation. Eat protein, not carbohydrates or sugars, in order to keep your blood sugar level even. Carbohydrates and sugars will spike your blood sugar quickly up and then just as quickly down.

Change in Energy Levels

You may be more tired than usual due to your body using more energy to make changes that are a result of the DNA activation. Rest as much as you are able to.

Dreaming

You may experience lucid dreaming and your dreams may be more vibrant and vivid than usual. The dream state is one of the methods your spirit guides use to connect with you. Now that you've had this DNA activation, your connection with them is stronger and more clear.

The Crown and Third Eye Chakra

The Inter-dimensional 12 Strand DNA activation enhances your connection to your spiritual guidance. Messages from your spirit guides are in the form of higher vibrational energy, which is most typically received through these Chakra's.



Two weeks after the Activation

There is a period of approximately two weeks during which the changes resulting from the DNA activation will settle in and level off. During that time you may experience some or all of the following:

Increased Thirst

Somewhat increased thirst for water will remain as your body continues to work with a greater number of electromagnetic connections.

Craving for pure foods

You desire for food will change to that which is more pure and has greater nutritional content, such as organic and raw foods.

Greater energy

This increased number of electromagnetic connections within your body will enhance the natural flow of energy throughout your physical systems. Additionally, as you shift your eating and drinking habits to include healthier choices, your body will naturally respond by having more energy.

More clear connection to spiritual guidance

The activation of the 12 DNA strands is a reconnection to your true Divine Self.

Inner Peace

As your connection to your Divine Self, and your spiritual guidance becomes deeper and stronger, you'll feel more at peace.

Connection to all living things

You'll feel a closer connection to animals, nature spirits, and Angels.

Connection to your Self in other dimensions

You are a multi-dimensional being. What you call your Higher Self is a higher dimension of you residing in one of the higher dimensions. You'll be able to connect with your Higher self more easily for the purpose of acquiring spiritual wisdom from the perspective of another dimension.

Long Term, after the Activation

These effects will continue to settle in and you'll find yourself becoming more accustomed to residing in the higher vibrations and enjoying the benefits.

Although you may think the effects have worn off or dissipated, they haven't. You may even think that the activation didn't "take." It did. At this point, it has become wholly integrated into your system. Actions that you have been wanting to take for some time may now occur easily and smoothly. Behaviours and habits you've been desiring to change may now seem effortless. These changes will occur so naturally you may not notice that, although you've been considering them for some time, they didn't happen until after the activation. This is your Inter-dimensional 12 strand DNA activation at work.

You adjust to the activation quickly and it becomes so natural it'll be as if you've always been so clearly connected Spirit, your Higher Self, and all other living things.

"Each time I am honoured to share this activation with someone, I sense that a light within their heart is turned on, and as they move about the planet, they share the light of their heart with others. Thank you for choosing to have this activation and for shining your Heart Light into the world."



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